

## Preschool Semester 1: Introducing ROCK and All IM4U Principles

Schedule	Unit	Activity	Type	Title	Goals & Objectives	Descriptions
Week 1	ROCK	<i>Intro</i>	<i>Discussion</i>	<b>ROCK Introduction Discussion</b>	<ul style="list-style-type: none"> <li>-Discuss different ways people get things done and solve problems.</li> <li>-Understand and identify how responsibility, observation, choice and knowledge are part of working together to get things done and to solve problems.</li> </ul>	<i>Children use a recent classroom activity to gain an initial understanding of ROCK: responsibility, observation, choice and knowledge.</i>
	ROCK	<i>R1</i>	<i>Discussion</i>	<b>R is for Responsibility Discussion</b>		
Week 2	ROCK	<i>R3</i>	<i>Discussion</i>	<b>Classroom Responsibility Chart</b>	<ul style="list-style-type: none"> <li>-Understand that we all have responsibility as individuals and as part of a group .</li> <li>-Identify and discuss responsibilities at home and school.</li> <li>-Discuss the effect personal responsibility has on self and others.</li> </ul>	<i>Children will work collaboratively to explore responsibility and identify classroom responsibilities and rules.</i>
	ROCK	<i>R4</i>	<i>Discussion</i>	<b>Classroom Rules Chart</b>		
Week 3	<b>1</b>	<b>1</b>	<i>Principle Discussion</i>	<b>WE ALL ARE CONNECTED Principle Discussion</b>	<ul style="list-style-type: none"> <li>- Discuss how people help and support one another by working together</li> <li>- Describe a sequence of helping events</li> <li>- Introduce the concept of how people are connected.</li> </ul>	<i>Children work collaboratively to consider how we are all connected by exploring one of the many ways that people affect their daily lives.</i>
	<b>1</b>	<i>Promoting the Principle</i>	<i>Bulletin Board/Class Poster</i>	<b>We Like...</b>	<ul style="list-style-type: none"> <li>-Learn what it means to be a friend to themselves and others through sharing thoughts and feelings in a group and accepting ideas of others with compassion and kindness.</li> <li>-Discover how to communicate honestly in a responsible and kind way by sharing words and images that are personally important.</li> </ul>	<i>Children identify and draw or find pictures of things they like and create a class poster. They discuss the similarities and differences in the likes of the class.</i>
Week 4	<b>1</b>	<i>Skill Builder</i>	<i>Cooperative Game</i>	<b>I Heard You Say</b>	<ul style="list-style-type: none"> <li>- Use the "I Heard You Say" strategy to show kindness and respect for what someone has said.</li> <li>- Understand that listening gives meaning to what someone says.</li> </ul>	<i>Children are paired with a partner to practice active listening and summarizing what they heard</i>
	<b>1</b>	<b>2</b>	<i>Discussion</i>	<b>Being A Friend</b>	<ul style="list-style-type: none"> <li>-Define what a friend is</li> <li>- Describe activities friends engage in with one another</li> <li>- Express feelings associated with having and belonging to a group</li> <li>- Dramatize positive behaviors to work and play well with others</li> </ul>	<i>Children watch a video skit and recognize the perspectives and feelings of others by discussing what it means to be a friend and how it feels to belong.</i>
Week 5	<b>2</b>	<b>1</b>	<i>Principle Discussion</i>	<b>WE ALL HAVE STRENGTHS AND WEAKNESSES Principle Discussion</b>	<ul style="list-style-type: none"> <li>- Identify individual and group strengths.</li> <li>- Discuss individual and group challenges.</li> <li>- Recognize how practice helps us learn.</li> </ul>	<i>Children explore through sharing and discussion that everyone has strengths, some similar and some different than others.</i>
	ROCK	<b>O1</b>	<i>Discussion</i>	<b>O is for Observation Discussion</b>	<ul style="list-style-type: none"> <li>- Learn about and practice observation of their external and internal environment.</li> </ul>	<i>Children work collaboratively to consider how and what they observe, and then use Sammy and Martin puppets to discuss observation scenarios.</i>

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Week 6	2	Skill Builder	Cooperative Game	Me Too, Wait Not Me!	<ul style="list-style-type: none"> <li>-Identify and embrace strengths and weaknesses in themselves and others.</li> <li>-Share strengths and weaknesses and use encouraging words to help themselves and others to learn.</li> </ul>	Children play a game to identify and think about various strengths and weaknesses. Through playing a game, children discuss how strengths and weaknesses help them grow, learn, and work together. They will practice using encouraging words with their friends.
	2	3	Cooperative Game	Ooops and Yays Simon Says Game	<ul style="list-style-type: none"> <li>-Recognize that mistakes are part of learning.</li> <li>-Develop resilience and persistence.</li> <li>-Demonstrate positive behaviors during a challenging learning experience</li> </ul>	Children listen to and discuss lyrics of the Ooops And Yays song and play a fun game that shows we all make mistakes.
Week 7	3	1	Principle Discussion	WE ALL ARE LEARNING Principle Discussion	<ul style="list-style-type: none"> <li>- Recognize that we all go through stages of learning, just like a baby</li> <li>- Identify one's strengths and challenges</li> <li>- Learn a new skill</li> </ul>	Children watch a video skit, then discuss their learning process as it relates to the video skit.
	3	2	Art Integration	Thumbs Up!	<ul style="list-style-type: none"> <li>-Observe different ways we all learn by experimenting with an art technique</li> <li>-Observe unique qualities of one another as children experience the different approaches the group takes to complete an activity</li> </ul>	Children watch a music video and create a fingerprint person to demonstrate their uniqueness, and then use their creation to tell a story about learning a new skill.
Week 8	3	Skill Builder	Art Integration	Brain Bloomer	<ul style="list-style-type: none"> <li>-Use the "Brain Bloomer" strategy to practice perseverance and problem solve.</li> <li>-Demonstrate perseverance when faced with a challenging activity by working free of adult assistance for an extended period of time.</li> </ul>	Children practice sticking with a challenging activity by using "Brain Bloomers" problem-solving skills to enable their brains to "grow" and learn.
	ROCK	C1	Discussion	C is for Choices	<ul style="list-style-type: none"> <li>- Discuss big and small choices they make on a daily basis.</li> <li>- Identify examples of how their choices can affect others.</li> </ul>	Children work together to identify different choices that they make during the day and how these choices affect others.
Week 9	4	1	Principle Discussion	WE ALL ARE VALUABLE Principal Discussion	<ul style="list-style-type: none"> <li>-Use communication and self-awareness skills to Identify a personal achievement or contribution and the feelings associated with it, such as feeling valuable.</li> <li>- Discuss the effect one's actions can have on others, such as being helpful.</li> </ul>	Children watch a video skit and, through group discussion, are introduced to what it means to be valuable. Children share experiences of when they have felt valued, along with actions they have taken to show others they are valued."
	4	Skill Builder	Discussion	Welcoming Words	<ul style="list-style-type: none"> <li>-Use a greeting to invite others to join them.</li> <li>-Use welcoming words to respond to others.</li> </ul>	Children are paired with a partner and practice using welcoming words with stick puppets.
Week 10	4	4	Cooperative Game	Broccoli Salad!	<ul style="list-style-type: none"> <li>- Learn how to cooperate with others by taking turns.</li> <li>- Develop self-esteem by hearing their name called out in a game</li> </ul>	Children watch a video skit and play a cooperative game focused on taking turns and empowering each other.
	ROCK	K1	Discussion	K is for Knowledge Discussion	<ul style="list-style-type: none"> <li>-Discuss important ways they obtain knowledge</li> </ul>	Children work collaboratively to identify ways they obtain knowledge

Preschool Semester 1: Introducing ROCK and All IM4U Principles						
Schedule	Unit	Activity	Type	Title	Goals & Objectives	Descriptions
Week 11	5	1	Correlating Principle Discussion	<b>WE ALL HAVE POWER Principle Discussion</b>	<ul style="list-style-type: none"> <li>-Share an idea in a group.</li> <li>-Practice taking turns.</li> <li>-Identify ways to use power to help others.</li> </ul>	Children discuss ways to use power to affect change in the world around us in a positive way.
	5	Promoting the Principle	Discussion	<b>Power Word of the Week</b>	<ul style="list-style-type: none"> <li>-Increase awareness and use of words that reflect and support positive actions.</li> </ul>	Children discuss and identify words that reflect and support positive actions.
Week 12	5	Skill Builder	Discussion	<b>Share With Care: Speaking Up</b>	<ul style="list-style-type: none"> <li>-Demonstrate self-awareness skills by positively expressing a want or need out loud.</li> <li>-Practice communicating using different strategies that help them speak up when they need or want something</li> </ul>	Being aware of a certain situation or experience and then being able to give language to that experience and speak it out loud is a powerful life skill. Through role playing situations with partners, children will think about and practice "Speaking Up" strategies so they are better able to share with care as they express their wants or needs.
	5	2	Cooperative Games	<b>My Turn, Your Turn A Speaking and Listening Game</b>	<ul style="list-style-type: none"> <li>-Share an idea in a group or with a friend.</li> <li>-Practice taking turns.</li> </ul>	Children learn the importance of the power of knowing when to speak up and be listened to and when to listen while playing a cooperative game.
Week 13	6	1	Correlating Principle Discussion	<b>WE ALL HAVE A PURPOSE Principle Discussion</b>	<ul style="list-style-type: none"> <li>- Demonstrate the concept of purpose by identifying ways they help and cooperate.</li> <li>-Discuss how they can stick together as a classroom community.</li> <li>-Describe how tape has a purpose to help things stick together.</li> </ul>	Children watch the Let's Stick Together puppet skit video and explore the concept of purpose by looking at a common object in many different ways and considering its many purposes.
	6	2	Art Integration	<b>A Sticky Puzzle Game</b>	<ul style="list-style-type: none"> <li>-Celebrate their personal identity by seeing themselves reflected in the movements of a friend.</li> <li>-Build a feeling of safety and security within a group by working cooperatively with others.</li> </ul>	Children use photographs to make a giant photo collage to showcase how each child is a unique member of a collective group.
Week 14	7	1	Principle Discussion	<b>WE ALL HAVE CORE FREEDOMS Principle Discussion</b>	<ul style="list-style-type: none"> <li>-Use imagination to explore many ways of looking at something.</li> <li>-Recognize that others may experience situations differently than they might experience them.</li> <li>-Identify the perspective of others.</li> </ul>	Children listen to a song, participate in a discussion about how we look at things differently, and use an object to uncover that everyone has different perceptions.
	7	2	Art Integration	<b>This Is Me!</b>	<ul style="list-style-type: none"> <li>-Identify one's likes and preferences by sharing a personal item with the class.</li> <li>-Listen to and recognize personal interests of others.</li> </ul>	Children complete a creative, self-reflective activity to explore their freedom to be who they are, then share something about themselves in a group setting.

Preschool Semester 2: Extending ROCK & IM4U Principles						
Schedule	Unit	Activity	Type	Title	Goals & Objectives	Descriptions
Week 1	1	3	Cooperative Game	<b>Friends Sit Down and Stand Up Together</b>	<ul style="list-style-type: none"> <li>- Develop group interaction skills by participating in a cooperative activity</li> <li>- Realize the importance of standing up for others in socially acceptable ways</li> <li>- Explore feelings that arise when working well and not working well with others</li> </ul>	<i>Children play a cooperative game to explore how to stand up for one another by working together.</i>
	ROCK			Review ROCK and each letter.		
Week 2	1	4	Art Integration	<b>IM4U Badges</b>	<ul style="list-style-type: none"> <li>- Realize the importance of standing up for others in socially acceptable ways</li> <li>- Develop group interaction skills by sharing what is special about peers</li> </ul>	<i>Children watch a video skit and create art badges to declare their support for one another.</i>
	ROCK	R2		<b>Start a Sharing and Caring Community</b>	<ul style="list-style-type: none"> <li>-Understand that we all have responsibility as individuals and as part of a group .</li> <li>-Discuss the effect personal responsibility has on self and others.</li> </ul>	<i>Children work collaboratively to serve their community.</i>
Week 3	2	2	Discussion	<b>Ooops and Yays: We ALL Make Mistakes!</b>	<ul style="list-style-type: none"> <li>-Recognize that mistakes are part of learning</li> <li>-Demonstrate helpful actions toward each other.</li> </ul>	<i>Children listen to the Ooops And Yays song and use the lyrics to discuss mistakes as part of learning and how they can help each other when a mistake happens.</i>
	2	Promoting the Principle	Bulletin Board/Class Poster	<b>Need Help? Yay! Find a Friend</b>	<ul style="list-style-type: none"> <li>-Identify things that they are good at doing and share with the class.</li> <li>-Use strengths to help others in the classroom.</li> </ul>	<i>Children identify and draw a picture their personal Yays! that might be helpful to other children and create a poster that can be used by children when they need help.</i>
Week 4	2	4	Art Integration	<b>We think we can... We know we can!</b>	<ul style="list-style-type: none"> <li>-Explain the value of process over results.</li> <li>-Understand that how they think can affect what they can do.</li> <li>-Share a problem-solving experience with a partner.</li> <li>-Explain feelings about themselves in a learning experience.</li> </ul>	<i>Children listen to a story, discuss how the story's characters keep trying, and then create a challenging art piece by supporting one another.</i>
	ROCK	O2	Art Integration	<b>Review Observation As I See Myself</b>	<ul style="list-style-type: none"> <li>- Learn about and practice observation of their external and internal environment</li> </ul>	<i>Children observe themselves and create a work of art that reflects themselves.</i>
Week 5	3	3	Discussion	<b>He's My Brother!</b>	<ul style="list-style-type: none"> <li>- Reflect and share personal memories of learning a new skill, such as riding a bike</li> <li>- Identify ways to support others in their attempt to achieve a personal goal</li> <li>- Develop a sense of empathy for others when learning a new skill</li> </ul>	<i>Children watch a music video and share their own experiences with observing a younger sibling, relative, or friend learn a new skill, and how they built empathy in those situations.</i>
	3	Promoting the Principle	Bulletin Board/Class Poster	<b>Our Classroom Baby Portrait Wall.</b>	<ul style="list-style-type: none"> <li>-Develop an understanding of the similarities and differences among their class by comparing baby photos with their current appearance.</li> </ul>	<i>Children share baby pictures of themselves and discuss how they have learned and changed.</i>

Preschool Semester 2: Extending ROCK & IM4U Principles						
Schedule	Unit	Activity	Type	Title	Goals & Objectives	Descriptions
Week 6	3	4	Art Integration	Celebrate Accomplishments Big And Small	<ul style="list-style-type: none"> <li>-Realize the importance of reaching a goal and celebrating one's success</li> <li>- Acknowledge the accomplishment of others</li> </ul>	Children watch video skit, discuss feelings associated with success, then make creations to celebrate their accomplishments.
	ROCK	O3	Cooperative Game	I See Game	<ul style="list-style-type: none"> <li>- Learn about and practice observation of their external and internal environment</li> </ul>	Children practice observation skills using common objects found in their environment.
Week 7	4	2	Discussion	Talk About Playing Fair	<ul style="list-style-type: none"> <li>-Use communication and self-awareness skills to define the meaning of "fair" and "unfair" as it relates to the puppet video.</li> <li>-Identify home rules that contribute to the well-being of the family.</li> <li>-Demonstrate good decision-making skills in creating classroom and school rules</li> </ul>	Children watch a video skit, share their viewpoints on rules, and collaboratively create fair rules for the classroom and other school areas.
	4	Promoting the Principle	Art Integration	Our Classroom Broccoli Salad Bowl	<ul style="list-style-type: none"> <li>-Create a sense of comfort and belonging in a group by participating in a co-created activity to share with the school and families.</li> <li>-Build self-esteem by "seeing" themselves represented in a cooperative group activity.</li> </ul>	Children create self portraits for a bulletin board and share what they value and what makes them special.
Week 8	4	3	Cooperative Game	Frozen Broccoli - A Cooperative Movement Game	<ul style="list-style-type: none"> <li>-Create a sense of comfort and belonging in a group through assisting each other in a cooperative movement game.</li> <li>- Develop empathy for the feelings of others.</li> </ul>	Children play a cooperative game and explore how they each have the power to help others solve problems and build a sense of belonging.
	ROCK	C5	Cooperative Game	Review Choices Play Duck, Duck, Goose	<ul style="list-style-type: none"> <li>- Discuss big and small choices they make on a daily basis.</li> <li>- Identify examples of how their choices can affect others.</li> </ul>	Children play a cooperative game and identify how their choices can change.
Week 9	5	4	Cooperative Games	Mutual Empowerment Game	<ul style="list-style-type: none"> <li>-Share an idea in a group.</li> <li>-Practice taking turns.</li> <li>-Experience working together, using shared power to impact an experience in a positive way.</li> </ul>	Children use the power of reflective listening, speaking up, and mutual empowerment to share stories and communicate as a group while playing a game.
	ROCK	C2/3	Discussion	Engage in Choice Discussions: Kind &/or Truthful	<ul style="list-style-type: none"> <li>- Discuss big and small choices they make on a daily basis.</li> <li>- Identify examples of how their choices can affect others.</li> </ul>	Children work collaboratively to identify kind and truthful choices.
Week 10	5	3	Cooperative Games	Say It, Sing It, Make Your Own Sound Band	<ul style="list-style-type: none"> <li>-Express their own creative sound.</li> <li>-Work cooperatively in a group musical experience.</li> <li>-Discover the power of their own unique voice.</li> </ul>	Children express themselves in this fun game with music and play while exploring the power of using their own unique voice to speak up.
	ROCK	C4	Discussion	Choosing how to React or Respond Experiment	<ul style="list-style-type: none"> <li>- Discuss big and small choices they make on a daily basis.</li> <li>- Identify examples of how their choices can affect others.</li> </ul>	Children observe a science experiment and then work collaboratively to identify ways to react or respond in ways that value everyone.

Preschool Semester 2: Extending ROCK & IM4U Principles						
Schedule	Unit	Activity	Type	Title	Goals & Objectives	Descriptions
Week 11	6	Skill Builder	Cooperative Game	<b>We Can Win Together: Cooperation</b>	Explore and experience what actions are included in cooperation. These may include listening and communication skills, taking turns, and participation with the group.	Children discover the benefits of working in groups and how cooperation promotes a feeling of purpose by participating in an activity where they first create something alone and then with a group.
	6	3	Cooperative Game	<b>Sticky Moves</b>	-Develop a sense of purpose in a group through cooperatively exploring movement solutions in a problem solving game. -Describe how they stick together to create a movement team.	Children learn the fun of working together to create one great-big, giant-size ball of tape.
Week 12	6	4	Cooperative Game	<b>Mirror Me</b>	-Develop personal identity by seeing oneself reflected in the movements of a friend. -Build a feeling of safety and security within a group by working cooperatively with others.	Children play a cooperative game to build self-identity and self-awareness as student pairs mirror each other's movements.
	ROCK	K2	Cooperative Game	<b>Review Knowledge Play "Can You Help Me?"</b>	-Discuss important ways they can obtain knowledge	Children play a game that helps them to practice asking for help.
Week 13	7	Skill Builder	Art Integration	<b>You, Me and We</b>	-Identify similarities and differences in others and appreciate how it makes them special. -Use positive communication skills to tell a partner what makes them special.	Children work in pairs to draw and share positive qualities in others.
	7	3	Cooperative Game	<b>Imagine You Are A Robot</b>	-Use imagination skills to play a pretend sharing game that builds essential listening and cooperation skills. -Build observation skills as they carefully watch the movement of their partner and guide them gently through the room.	Children watch the Do You See A Smile In The Sky? music video and then take turns being the leader in a partner game that encourages collaboration, movement, and the sharing of each other's imagination.
Week 14	7	4	Discussion	<b>Quiet Appreciation Time</b>	-Build observation skills through learning how to stop, look, and listen to the world around them. -Develop a positive outlook on life by appreciating the small and large elements of their world.	Children listen to the Smile In The Sky song, take a one minute quiet time, and discuss how they can see differently when they take time to notice what is around them.
	ROCK	K3		<b>This is What I Know</b>	-Show what they have learner about being a friend to themselves and others	Children will teach others about something they know.